

# Outback Yoga Retreat

Fundraiser for the Nature Foundation SA

Friday 19 May - Monday 22 May 2017

Witchelina Nature Reserve

Come join us in our great outback for a unique retreat experience with Lisa Brenton and Georgina Sullivan. Experience yoga, meditation, yoga nidra, walks and exploring in this remote scenic region of SA.

No previous yoga experience necessary.

All funds raised go to Nature Foundation SA projects. Nature Foundations SA is a not-for-profit nature charity that works to save, protect and restore South Australia's natural biodiversity.

For more information about their work go to  
[naturefoundation.org.au](http://naturefoundation.org.au)

For more information and booking please contact Lisa Brenton  
M: 0434 921 907 E: [lisabrentonyoga@gmail.com](mailto:lisabrentonyoga@gmail.com)



Lisa Brenton's love of yoga began 17 years ago. She has been teaching since 2008 and is a qualified teacher with Yoga Australia. Lisa is passionate about sharing yoga with the wider community.



Georgina Sullivan has been a student of yoga and meditation for over 35 years. Her love of these spiritual paths and the environment have led her to this Outback retreat.